



Range Products

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Essential Oils and Epilepsy **Oils to be avoided.**

People that suffer from epilepsy should be careful when using certain Essential Oils because contain neurotoxins which have a convulsant effect.

Essential oils that have always been the oils to be avoided for epilepsy are:

Rosemary
Fennel
Sage
Hyssop

Other essential oils that should never be used by epileptics which also contain convulsant compounds are:

Camphor
Lavender Spike (*Lavendula latifolia*)
Tansy
Thuja
Wormwood.

It is best to consult with a registered medical practitioner before using any alternative therapies, including that of aromatherapy in any form. It is advised not to use these oils in burners in vapor therapy nor in any bathing preparations.

People suffering from epilepsy, individuals with a family history of epilepsy, or anybody having any form of seizures or suffering with a fever should be careful with the above essential oils.