



MANGO BUTTER

The Mango is an evergreen tree of the Anacardiaceae (sumac family), native to tropical E Asia and now grown in both hemispheres. The chief species, *Mangifera indica*, is believed to have been cultivated for about 6,000 years. Mango Butter is a solid oil which is great as a main ingredient in creams. Another use is to just toss a small chunk into your bath for a bath oil. Mango Butter is known as one of the richest oils on the planet.

Mango Butter in Soap

Mango butter is a soft solid with a very slight sweet scent. It is extracted from the de-shelled fruit kernels of the mango tree. The mango tree is a tropical evergreen, and once the mango butter is extracted from its fruit kernels it is heated and boiled to get the right consistency. Mango butter has natural emollient properties, high oxidative ability, wound healing, and regenerative activity due to its high unsaponifiability. It has a protective effect against UV radiation. Mango butter will provide improvements and benefits in all the conditions listed below. As you use this butter you are likely to discover additional uses. Dermatologists often recommend mango butter for treatment of wrinkles, as most people who use it will notice decreased signs of aging and the disappearance of lines and wrinkles within 4 to 6 weeks of daily use.

Reasons to use Mango butter

- - Effectively treats dry skin
- - Heals skin rash
- - Heals skin peeling, after tanning
- - Clears blemishes and wrinkles
- - Relieves itching skin
- - Heals sunburn
- - Shaving cream for a smooth shave
- - Treats small skin wounds and skin cracks
- - Moisturizes and smoothes tough or rough skin
- - Fights frost bite
- - Prevents stretch marks during pregnancy
- - Relieves insect bites
- - Promotes healthy rejuvenated skin
- - Heals muscle fatigue, aches and tension
- - Relieves skin allergies such as poison ivy or poison oak
- - Treats eczema and dermatitis
- - Fights off fine lines and wrinkle

Mango butter is obtained from the kernels of the mango tree. It has a high content of stearic acid which makes it similar to cocoa butter. Mango butter has good emolliency and lends protection against the sun. It is said to prevent drying of the skin and formation of wrinkles. Mango butter also reduces degeneration of skin cells and restores elasticity. Mango butter's hardness makes it a great butter for stick formulations such as lip balm and lotion bars. It can be used "as is" to provide relief from the dryness of eczema and psoriasis.



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Constituents

Kernel oil: myristic acid, palmitic acid, stearic acid, oleic acid, linoleic acid, linolenic acid, phytosterols, phospholipids, vitamin E.

Uses

The mango kernel contains a yellowish to cream coloured fat – mango butter - which is similar to cocoa butter and is therefore permitted in chocolate in amounts of up to 5%. Mango butter is also used in the soap and cosmetic industries.