



· RANGE PRODUCTS ·

CARRIER/VEGETABLE OILS

ALMOND OIL, SWEET

A fine, emollient, non-drying fixed oil expressed from the kernel the sweet almond. Sweet almond is an excellent oil to use in creams, lotions and massage oils formulated for dry, normal and combination skins. It helps to reduce itching, cracking and inflammation.

APRICOT KERNEL OIL

A pale yellow oil obtained from the kernel of apricots. A fine, light non-drying, semi-drying oil suitable for all skins especially mature, sensitive and dry. May be used 100 per cent as a base oil.

ARGAN OIL

Argan oil is a plant oil produced from the kernels of the Argan tree that is endemic to Morocco. Most of the fatty acid profile comes from Oleic and Linoleic Acid and Argan oil is a rich source of Vitamin E, which is required for healthy skin, hair and eyes. It has anti-oxidant and anti-inflammatory properties. It is a good addition to cosmetics in cream, lotions, shampoos and conditioners.

AROMAS BLEND

Blended oil, excellent for Massage and ingredient in creams and lotions.

INGREDIENTS: Sweet Almond Oil, Apricot Kernel Oil, Macadamia Oil, Sunflower Oil, Safflower Oil.

AVOCADO OIL

A beautiful thick, green oil that contains the vitamins A, D, E and K. It is rich, nourishing and invaluable in moisture creams and lotions, particularly for sensitive, dehydrated and sunburnt skins. The vitamin E content helps to preserve other oils in blends. Because of its thick consistency, it's best to use no more than 5 to ~. 10 per cent in massage and face oils.

BORAGE SEED OIL

Contains vitamins, minerals and gamma linolenic acid. Use 10 per cent in blends to treat heart and menopausal problems, multiple sclerosis, PMS and skin problems.

CAMELLIA OIL

Camellia oil has a high level of oleic acid (greater than 80%), as well as linoleic acid, alpha-linolenic acid, stearic acid and vitamin E making it an excellent emollient for keeping skin and hair moist and supple. It is non-greasy and an excellent all-around moisturizer for the skin as well as hair. Has great anti-inflammatory properties and is useful in treating eczema, psoriasis, acne, brittle hair, hair loss, dandruff and wounds.

CASTOR OIL

Expressed from the seed of the castor oil plant (*Ricinus communis*). A soothing, rich and heavy non-drying oil that is invaluable in hair conditioners, in hot packs on sore muscles, or to draw splinters out of flesh.





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COCONUT OIL

A semi-solid saturated fat extracted from the white meat of the coconut. It is a wonderful lubricant and moisturiser for delicate eye and throat areas. If used very discreetly, it gives shine and condition to hair.

COCONUT OIL FRACTIONATED (FCO)

FCO is a liquid coconut oil made up of the medium-chain triglycerides, which is a thin, extremely stable oil with an exceptionally long shelf life. It is a light weight easily absorbed and non-greasy oil, making it an excellent massage or carrier oil for essential oils. It is often used as an ingredient in body products and cosmetics and is compatible with all skin types, including sensitive skin. It is also an emollient helping the skin to retain moisture.

EVENING PRIMROSE OIL

A relatively expensive oil expressed from the seeds of evening primrose (*Oenothera biennis*). This oil is a natural antioxidant which makes it ideal to add to other oils to retard rancidity. It is a soothing, healing oil when added to creams and blends to aid in the healing of eczema, psoriasis and other inflammatory skin conditions. It penetrates deeply, counteracts free-radical damage and is a skin rejuvenator, so is well worth including in small amounts -say 5 per cent.

GRAPE SEED OIL

As the name suggests, this oil is produced from grape seeds. It's a fine, semi-drying, polyunsaturated oil which makes it suitable for most skins except the very oily. It is a very good basic carrier oil as it is light, clear, penetrates the skin quickly and has no smell. Add 5—10 per cent wheat germ oil to help prevent rancidity.

HAZELNUT OIL

It has a faintly nutty aroma, is highly penetrative and is fine textured and is one of the most highly unsaturated vegetable oils. It is heralded as an oil that helps to tone and tighten the skin while strengthening capillaries and assisting in cell regeneration, and in folk medicine has been used to massage children with respiratory problems. Hazelnut massage oil has great moisturizing qualities which makes it a good choice to include when mixing a massage oil or preparing a carrier oil blend.

HEMP SEED OIL

Hemp oil contains 57% Linoleic (LA) and 19% Linolenic (LNA) acids, in the three-to-one ratio that matches our nutritional needs. These are the essential fatty acids (EFAs) - so called because the body cannot make them and must get them from external sources. Adding to the diet seems to lower risks of heart attacks because Omega-3 fatty acids reduce the clotting tendency of the blood and improve cholesterol profiles. They also have a natural anti-inflammatory effect that makes them useful for people with arthritis and autoimmune disorders.



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JOJOBA OIL

Compared with the other oils, jojoba is a relative newcomer and is in fact not an oil at all but a wax pressed from the bean of the desert plant *Simmondsia chinensis*. One of its main advantages is that it does not become rancid. Jojoba is very similar to sebum (the natural moisturizer produced by our bodies) and gives skin a smooth silky texture. It is useful for treating acne, eczema, psoriasis and inflamed skin. Add 10 per cent to creams, massage oils and other preparations.

LINSEED/FLAXSEED OIL

Linseed also known as flaxseed oil has many health benefits as it is loaded with Omega 3 fatty acids which are essential nutrients for the health of the body. Flaxseed Oil is a nourishing addition to creams and lotions as it helps treat many skin conditions such as eczema, psoriasis, rosacea, acne and aging skin. It helps soften the skin, has great healing abilities and improves the overall health of the skin. Flaxseed oil is a fragile oil and must be well preserved with an antioxidant in cream formulations.

MACADAMIA OIL

Macadamia Oil (or Macadamia nut oil) is the non-volatile oil expressed from the nut meat of the macadamia (*Macadamia integrifolia*) tree. Macadamia oil is liquid at room temperature. The refined oil is clear, lightly amber-colored with a slightly nutty odour. Macadamia oil's rich, cushiony skinfeel and high oxidative stability make it especially suitable for heavy creams and suncare formulations.^[2] Derivatives of Macadamia oil in cosmetics include the light emollient Ethyl Macadamiate and water soluble PEG-16 Macadamia Glycerides. Macadamia oil is an excellent botanical replacement for mink oil in most applications.

NEEM OIL

Our neem oil is cold pressed from the seeds of the *Azadirachta indica* tree from India. It contains Vitamin E and is rich in healthy fatty acids which are great for healing and treating skin conditions like dry skin, acne, fungal infections and healing wounds. Pure Neem Oil is incredibly potent and may be best used with another carrier oil neat on the skin. Neem Oil is also used for pest control, hair and body lice, treating mold & mildew and treating plants with fungal infestations and aphid, spider mite and scale insect infestations.

OLIVE OIL

Olive oil is a rich non-drying oil expressed from ripe olives. It is one of my favourites and I use cold-pressed extra virgin which is from the first pressing, contains the highest amount of minerals and vitamins and is very green and aromatic. If you don't like the smell, try one of the lighter olive oils from later pressings. Olive oil is too rich for oily skins but is excellent for massage oils, creams, soaps and lotions for dry and normal skins. A lovely oil to use on the skin of babies. Use up to 40 per cent in blends.

PALM OIL

Palm oil is a form of edible vegetable oil obtained from the fruit of the palm tree. Palm oil is one of the few vegetable oils relatively high in saturated fats (such as coconut oil) and thus semi-solid at room temperature. Palm oil contained about 10% linoleic acid, which is an unsaturated omega-6 fatty acid. Our palm oil comes from sustainable farming practices and are RSPCO certified.



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PARAFFIN OIL BP GRADE

Liquid paraffin oil is a highly refined purified mineral oil which is a distillate of petroleum and quite often gets a bad rap. It is a lightweight inexpensive oil that is odorless and tasteless and is found in a wide range of cosmetic and skincare products. It is noncomedogenic, meaning it does not clog pores. It is commonly used to treat dry skin, constipation and eczema. It is widely used as a lubricant, base oil for creams/lip sticks/balms, massage oil, ingredients in baby lotions, hair oil, skin care cream, textile chemicals, cold cream, ointments and incense stick making.

PEACH KERNEL OIL

Peach Kernel oil is a light emollient oil excellent for dry and mature skin. It is high in oleic and linoleic fatty acids along with Vitamin E and A. It has wonderful nourishing, regenerative and moisturising properties and is excellent for massage blends and facial treatments. It helps soothe sensitive and inflamed skin and is suitable for skin with large pores. It is an excellent addition to facial cosmetic creams and lotions.

PEANUT OIL

Peanut oil (*arachis* oil) is an organic oil derived from peanuts, noted to have the slight aroma and taste of its parent legume. Its major component fatty acids are palmitic acid, oleic acid, and linoleic acid. The oil also contains some 6–8% (total) of arachidic acid, arachidonic acid, behenic acid, lignoceric acid and other fatty acids.

PUMPKIN SEED OIL

Pumpkin seed oil has great healing qualities for skin problems such as sores and ulcers which makes it a good choice to include when mixing a massage oil or preparing a carrier oil blend. It is made from the common pumpkin - *Curcubita pepo* - and although it is used by some people orally for the treatment of urinary tract infections, it also makes a great addition to a carrier oil mix.

RASPBERRY SEED OIL

Raspberry Seed oil is a goodness powerhouse. Packed with Vitamins, such as A,C and E, this oil is rich in antioxidants which can reduce skin aging and increase elasticity. It is full of essential fatty acids and Ellagitannins, so it is a great skin balancer for acne or oily skin, and has a soothing, anti-inflammatory effect on dry skin, rashes and conditions such as eczema and psoriasis. Its Phytosterols content makes it one of the best oils for moisturising. A small number of studies have also noted it's possible ability to help protect against harmful UV rays.

RICE BRAN OIL

Rice bran oil is the oil extracted from the germ and inner husk of rice. Rice bran oil contains a range of fats, with 47% of its fats monounsaturated, 33% polyunsaturated, and 20% saturated. The oil may also offer some health benefits, as it contains oryzanol, an antioxidant that may help prevent heart attacks; phytosterols, compounds believed to help lower cholesterol absorption; and relatively high amounts of vitamin E.



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ROSEHIP SEED OIL

Expressed from the hips (fruit) of the *Rosa mosqueta* or *rubingosa*. It is high in vitamin C, rejuvenating and healing. Rosehip seed oil is useful for ageing skin, reducing scarring and for damaged tissue. Use up to 10 per cent in blends.

SAFFLOWER OIL

Safflower oil is a semi-drying, polyunsaturated oil obtained from safflower seeds. It contains protein, vitamins and minerals and is an excellent 'all-rounder', good to balance other oils in preparations and may be used, mixed with other oils, in massage oils, soaps, moisture creams and lotions and bath oils. Safflower oil needs to be refrigerated.

SESAME OIL

Sesame oil is pressed from the seeds of the sesame plant. Use the light coloured oil from unroasted seed. A light semi-drying oil rich in vitamin E, minerals, protein and lecithin. It is useful at 10 per cent in all moisturising creams and lotions to prevent drying and to soften the skin. Sesame seed oil absorbs ultraviolet rays and is reputed to have a sunscreen effect of SPF4.

SOYA BEAN OIL

Soybean oil is obtained from Glycine Soja plant and is rich in linoleic acid, isoflavones, antioxidants and vitamins that protect and nourish your skin. Soybean oil is used in cosmetics as an emollient and helps keep you skin soft and smooth and enhances the skins overall quality and appearance.

SUNFLOWER OIL

The refined oil is clear and slightly amber-colored. Sunflower oil, like other oils, can retain moisture in the skin. However, it may also provide a protective barrier that resists infection. Studies using sunflower oil have been conducted involving pre-term infants that are often susceptible to infection due to their underdeveloped skin. Sunflower oil also contains lecithin, tocopherols, carotenoids and waxes. Sunflower oil's properties are typical of a vegetable triglyceride oil. Sunflower oil is produced from oil type sunflower seeds. Sunflower oil is light in taste and appearance and has a high Vitamin E content. It is a combination of mono-unsaturated and polyunsaturated fats with low saturated fat levels.

WHEAT GERM OIL

Wheat germ is a richly nourishing fine, healing oil. Its vitamin E content makes it useful for most skins, especially dry, prematurely-aged skin or for skin troubles such as eczema or psoriasis. It is good in 'anti-stretch mark' blends Wheat germ oil helps to preserve other oils and 10 per cent is a valuable addition to creams and lotions, massage oils and soaps.

VITAMIN E OIL

An antioxidant oil produced by distillation of various vegetable oils. Adding only 2 per cent will help to prevent oil blends from oxidising. Vitamin E oil rejuvenates ageing skin and helps heal scar tissue.

