

## **Arnica Infused Oil**

Arnica CO2 Extract (Helianthus Anuus Seed Oil and Arnica Montana Flower Extract)
Soybean Oil
Jojoba Oil
Sweet Almond Oil
Natural Vitamin E
Rosemary Extract

Obtained from the super critical CO2 extract of *Arnica montana* flowers. t is then stablilised with an anti-oxidant.

Arnica is well known for its healing abilities with bruises, sprains and strained muscles. It can be used as is, or in formulations to help ease the pain caused by swelling and inflammation of muscle aches and pains, arthritis and rheumatism, and give the immune system a boost. Arnica infused oil could also help strengthen hair or treat hair loss and scalp conditions when used as a hair and scalp oil or anti-dandruff treatment, added to shampoos, conditioners and leave-in products. Note: Arnica can be toxic to the blood if used on cuts or broken skin.

## Calendula Infused Oil

Soy Bean Oil Calendula Flowers Almond Sweet Oil Natural Vitamin E Rosemary Extract

Calendula (*Calendula officialis*) flower petals are gently macerated in the oil blend and then the oil is strained to remove all the plant matter. A small amount of Rosemary extract is added for stability.

This healing oil has wonderful anti-inflammatory properties that can help to ease inflammation in any part of the body. It can also speed up the healing process, which make it a must in any skin care treatment. Especially for inflamed, dry or itchy skin complaints. It can also be used on spider, thread or varicose veins as well as insect bites and stings.

Note: when using it to heal wounds it is important to make sure that the area has been thoroughly cleaned first as Calendula's effective ability to rapidly knit the skin back together can cause dirt to become trapped inside.





## **Carrot Infused Oil**

Carrot CO<sub>2</sub> Extract Soybean Oil Jojoba Oil Sweet Almond Oil Natural Vitamin E Rosemary Extract

 ${\rm CO_2}$  gas is used to cleanly and efficiently extract all the goodness from the dried root of the plant without altering its chemical composition. The extract has then been combined with a blend of gentle oils and stabilised with a small amount of Rosemary extract.

Packed with the antioxidant power of Beta-carotene and Vitamin E, Carrot infused Oil makes an excellent addition to both healing products and anti-aging products alike. It can be used in formulations for serums, body oils, eye creams, face creams, hand and body lotions or just used on its own straight from the bottle.

Use it to add a potent antioxidant punch to your product, improving skin elasticity and complexion, and help to protect the skin from free-radicals, reducing damage from the sun. It can help bring back youthful radiance, tightening and rejuvenating mature, dull, dry skin and reduce the appearance of age spots, winkles and fine lines. The properties it contains can also reduce redness, repair skin damage and stimulate cell growth, helping to ease conditions like dermatitis, eczema or psoriasis.

## Hypericum (St Johns Wort) Infused Oil

Hypericum perforatum Flowers Coconut Triglycerides Rosemary Extract

St Johns Wort (Hypericum perforatum) flowers, leaves and small stems are gently macerated in the Coconut triglycerides to extract the plant's valuable phytochemicals. The oil is then strained to remove all the plant matter. A small amount of Rosemary extract is added for stability.

Hypericum infused oil, also known as St John's Wort oil, has soothing, anti-inflammatory, analgesic, antiseptic, anti-microbial, antiviral and astringent properties. It can be used topically straight from the bottle or added to any formulation. It is used to help relieve, and promote the healing of numerous skin ailments such as abrasions, minor wounds, scars, burns, sunburn or inflammatory skin conditions. It is great for dry, neglected skin and can also be used to help ease aches and pains associated with conditions such as sciatica or rheumatism.

Note: Though this wonderful herb is gentle enough to be used on young and old, we do recommend consulting your doctor before use if you are on any medications or using a contraceptive pill as it can have an impact their effectiveness.



